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| The suggested *minimum* time for this session is: 1½ - 2 hrs, dependent on individual need. This module should be delivered following Modules A and B. If delivered independently of module C, Module C, learning outcomes C1 – 6 (as applied to small children and babies) should be included, or recapped if previously covered. In addition Module A should be reinforced during the course of the module.This module is aimed at employees who move and handle small children and babies, defined as children up to approximately 8 years old, with consideration given to their individual height, weight, developmental stage and functional movement. **Purpose:** To provide instruction and training for moving & handling small children and babies.**Learning Outcomes:** By the end of the session the trainee should be able to:1. Demonstrate an understanding of the hazards of working at low levels and on the floor, and identify a range of potential control measures.
2. Demonstrate appropriate posture whilst carrying out activities of daily living with small children and babies e.g. assisting with nutritional support, dressing, changing nappies or bathing.
3. Identify the key areas of undertaking a risk assessment for lifting and carrying a small child and baby, including the appropriate use of equipment.
4. Demonstrate the ability to undertake the following manoeuvres utilising appropriate principles of manual handling when a small child (or mannequin) is being instructed, assisted or lifted by one or two carers, including where appropriate the use of relevant handling aids.
5. Manual lifting & carrying of a small child from one surface to another, including a chair and bed and staged lifting of a small child to / from the floor
6. Manually assisting a small child to transfer from one surface to another, for example, using a slide transfer onto knees
7. Manually assisting a small child to stand and sit from the floor, a low seated position or a buggy
8. Demonstrate an understanding of how to apply appropriate principles of manual handling when lifting and carrying a baby.
9. Where equipment is used demonstrate safe use including pre-use checks risks / limitations on use and any emergency functions.

During the training session the participants will be given the opportunity to practise all relevant manoeuvres outlined above, specific to their individual needs.**Suggested equipment:** height adjustable bed/plinth, cot, postural management seating, buggy, wheelchair, wheeled stool, mannequin weighing less than 7kg, ‘baby doll’, small slide sheet, manual lifting sling, floor mat / knee pads, pillows or cushions, small bean bag, small step, small size walking aid, standing frame**NB.** The term ‘Bed’ can also mean plinth or shower trolley  |